

Real experiences.
Real connections.
Real travel.





*Multi-country tour combinations available

*Both standard & premium options available

Thai Intro

- 9 Days Bangkok - Koh Phangan
- 12 Days Bangkok - Phi Phi Islands
- 18 Days Bangkok - Chiang Mai

Beach Culture 18 - 40s

Thailand at full volume. Culture, islands, elephants, late nights & early starts.
All the good stuff, already sorted.

Highlights

- Experience the fascinating culture and crazy nightlife of buzzing Bangkok
- Sleep overnight on floating bungalows in the magical Khao Sok National Park
- Discover the best of the beautiful island of Koh Phangan, including snorkelling, beach parties and more
- Experience the world famous Phi Phi Islands on an exclusive boat trip
- Trek with hill tribes, go bamboo rafting & get up close and personal to elephants in Chiang Mai



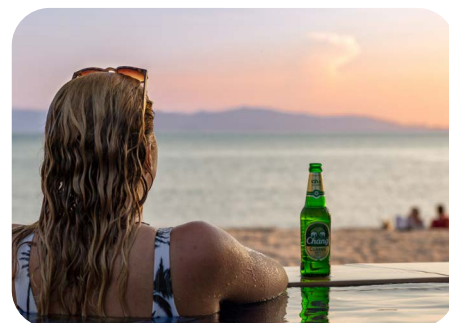
Thai Experience

Premium Beach Culture 13 Days Bangkok - Phuket 18 - 40s

Thailand, levelled up. Better stays, extra inclusions, exclusive moments. Same energy. More comfort.

Highlights

- Discover ancient temples & wild nights out in bustling Bangkok
- Sleep overnight on floating bungalows and hidden jungle tree houses
- Experience Muay Thai boxing or yoga & sip sunset cocktails beachside on the stunning island of Koh Phangan
- Experience the stunning Phi Phi Islands on an exclusive boat trip
- Get up close and personal at an amazing elephant sanctuary



Thai Island Explorer

Island hopping Beach Culture 14 Days Bangkok - Phuket 18 - 40s

Five islands. Boats, beaches, sunsets & salty hair days. Thailand's island life, done properly.

Highlights

- Discover Bangkok's winding waterways and sacred temples as well as uncover the magic of five stunning Thai islands
- Experience island life as you party on streets, golden shores and at buzzing beach clubs
- Snorkel alongside tropical sea creatures in Koh Tao, catch golden hour on Koh Phangan and unwind into the chilled-out vibe of Koh Samui
- Take in the epic scenery of Krabi's dramatic limestone cliffs and bask in the beauty of Phi Phi's world-famous Maya Bay



Thai Intro + Dive

Island hopping Beach Culture 13 Days Bangkok - Koh Tao 18 - 40s

Start with culture & islands, then wrap it up by becoming a PADI-certified diver.

Highlights

- Experience the fascinating culture and crazy nightlife of buzzing Bangkok
- Sleep overnight on floating bungalows in the magical Khao Sok National Park
- Discover the best of the beautiful island of Koh Phangan, including beach parties & more
- Become PADI certified by completing 5 dives around Koh Tao



Bali Intro



9 Days



Canggu - Gili Islands



Beach



Culture



18 - 40s



12 Days

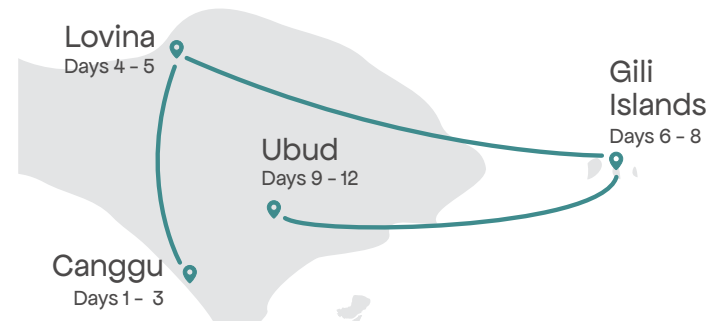


Canggu - Ubud

Surf mornings, volcano sunrises, island swims & rice paddies. Bali hits different when you do it like this.

Highlights

- Pick up some surfing skills from local Balinese surfers, then unwind with a sunset beer
- Cruise on a traditional outrigger boat and watch wild dolphins glide by
- Snorkel with turtles and soak up island bliss on the Gili Islands
- Hike an active volcano with a local guide to witness an unforgettable sunrise



Bali Experience



Premium



Beach



Culture



18 - 40s



12 Days



Seminyak - Ubud



15 Days

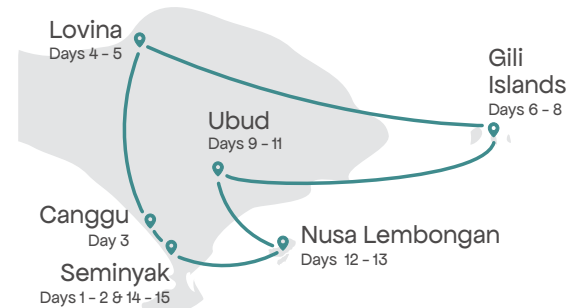


Seminyak - Seminyak

Bali, but better. Nicer stays, elevated experiences & more included along the way.

Highlights

- Enjoy our hand selected premium accom
- Pick up some surfing skills from local Balinese surfers
- Look out over endless rice paddies from an infinity pool
- Snorkel with turtles as you discover the beauty of the Gili Islands
- Trek the summit of an active volcano for sunrise
- Discover the stunning island of Nusa Lembongan



Vietnam Intro



9 Days



Hanoi - Hoi An



Beach



Culture



18 - 40s



12 Days



Hanoi - Ho Chi Minh City

Street food, countryside calm, big cities & bigger stories. Vietnam from north to south, no shortcuts.

Highlights

- Immerse yourself in the culture, food and fast paced living of Hanoi
- Experience the stunning natural wonder of Ha Long Bay
- Experience the beautiful countryside of Ninh Binh during a local homestay
- Learn how the locals live in the incredibly lush green beauty of the Mekong Delta before discovering the fascinating and eyeopening Cu Chi Tunnels



Vietnam Experience



Premium



Adventure



Culture



18 - 40s



12 Days



Hanoi - Hoi An



15 Days



Hanoi - HCMC

Vietnam with premium touches throughout. Elevated stays, standout experiences & extra inclusions.

Highlights

- Enjoy our premium accom
- Immerse yourself in Hanoi on a walking and rickshaw tour
- Trek through the lush, rolling mountainsides of Sapa
- Cruise overnight through the magnificent Ha Long Bay
- Be captured by the charm of Hoi An
- Learn about local village life in the Mekong Delta and discover the history of the Cu Chi tunnels



Cambodia Intro

Beach Culture 14 Days Phnom Penh – Siem Reap 18 – 40s

History, heart & island downtime. From Phnom Penh to Angkor Wat, packed with Cambodia's highlights.

Highlights

- Ride a tuk-tuk through the lively streets of Phnom Penh on a street tour
- Take a meaningful guided visit to the S21 Prison and the Killing Fields
- Enjoy the calm, rural charm of peaceful Kampot
- Relax with your toes in the sand on tropical Koh Rong Sanloem
- Explore Angkor Wat, one of the world's great ancient wonders



Vietnam + Cambodia

Multi-Country Beach 21 Days Hanoi – Siem Reap 18 – 40s

Vietnam Intro 12 day plus Cambodia Intro 10 day, done in one hit. Big culture, epic coastlines & ancient wonders along the way.

Highlights

- Paddle through Ha Long Bay's stunning caves by kayak
- Explore Ninh Binh's lush countryside and enjoy a stay with a local family
- Immerse yourself in village life among the rice paddies of the Mekong Delta
- Unwind on the pristine sandy beaches of Koh Rong Sanloem
- Discover the majestic Angkor Wat, one of the 7 Ancient Wonders of the World



Thailand + Vietnam Intro

Multi-Country Beach 29 Days Bangkok – Ho Chi Minh City 18 – 40s

Thai Intro 18 day meets Vietnam Intro 12 day. Two iconic countries, packed with culture, islands & big city energy.

Highlights

- Glide through Bangkok's canals and immerse yourself in everyday local life
- Sail around the stunning Phi Phi Islands on a boat adventure
- Meet remote hill tribes and see elephants in Chiang Mai at a sanctuary
- Dive into Hanoi's vibrant culture, delicious cuisine and bustling streets
- Paddle through the emerald waters of Ha Long Bay by kayak
- Discover village life amid the lush rice paddies of the Mekong Delta



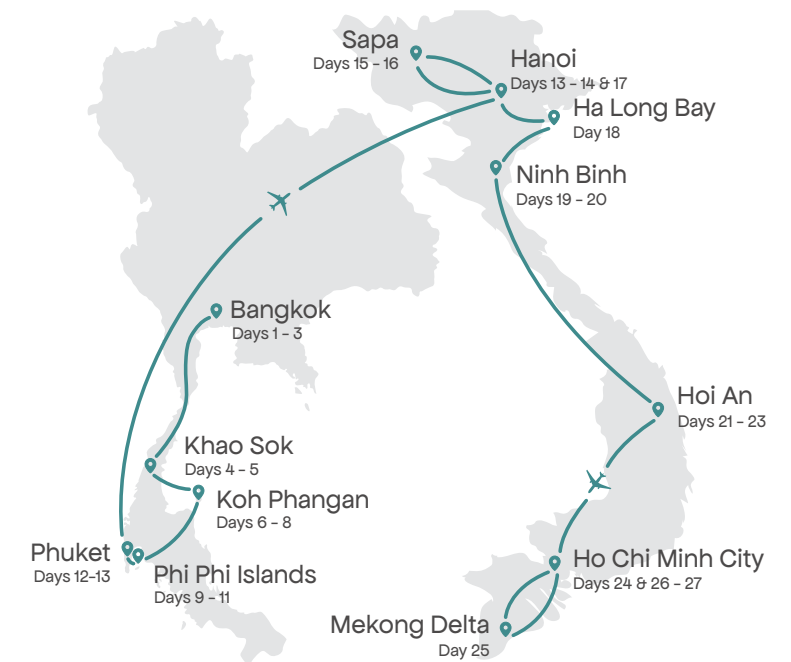
Thailand + Vietnam Experience

Premium Multi-Country 27 Days Bangkok – Ho Chi Minh City 18 – 40s

Thai Experience & Vietnam Experience combined. Two countries, upgraded stays, extra inclusions & standout moments throughout.

Highlights

- Cruise through Bangkok's vibrant canals
- Stay overnight in floating bungalows and treehouses in Khao Sok National Park
- Take a boat trip around the Phi Phi Islands
- Learn about elephants at a sanctuary
- Immerse yourself in the culture and cuisine of lively Hanoi
- Trek alongside locals through the stunning landscapes of Sapa
- Sail and kayak across the emerald waters of Ha Long Bay
- Experience authentic village life in the Mekong Delta



Epic Asia

Multi-Country Culture 38 Days Bangkok – Siem Reap 18 – 40s

Three countries, one huge adventure. Thai Intro 18 day, Vietnam Intro 12 day & Cambodia Intro 10 day rolled into one.

Highlights

- Immerse yourself in Bangkok's vibrant culture and electric nightlife
- Explore the beautiful island of Koh Phangan, from beaches to lively parties
- Enjoy a boat trip around the Phi Phi Islands
- Marvel at the breathtaking scenery of Ha Long Bay
- Experience authentic village life in the Mekong Delta and visit the Cu Chi Tunnels
- Discover the awe-inspiring beauty of Angkor Wat



South Korea Adventure

Adventure Culture 10 Days Seoul – Seoul 18 – 40s

From palace walks to K-Pop nights (and KBBQ). South Korea served loud, local & unforgettable!

Highlights

- Explore old and new in the bustling capital of Seoul
- Adventure to the DMZ, the border with North Korea and learn the history
- Get your fill of Kimchi, Bibimbap and Korean BBQ
- Find inner peace with an overnight Buddhist temple experience
- Limber up for those flying high-kicks in your Taekwondo class with a black belt instructor



Epic Indonesia

Adventure Beach Culture 15 Days Canggu – Ubud 19 Days Canggu – Labuan Bajo

Bali, Lombok and Komodo in one wild ride. Surf, volcanoes, dragons & serious adventure energy.

Highlights

- Pick up some surfing skills from local Balinese surfers
- Cruise on a traditional outrigger boat and watch wild dolphins glide by
- Snorkel with turtles and soak up island bliss on the Gili Islands
- Discover traditional rural life in Lombok
- Hike an active volcano at sunrise
- Sail through Komodo National Park in search of its iconic dragons



Japan Adventure

Adventure Culture 13 Days Tokyo – Kyoto 17 Days Tokyo – Osaka

Ancient temples, neon streets, samurai stories & snow monkeys. Japan in all its contrasts.

Highlights

- Visit temples, shrines and castles & see the famous snow monkeys
- Cruise around Hakone by pirate ship and cable car, for views of Mount Fuji
- Learn how to wield a Samurai sword
- Sleep in a 1000 year old Buddhist temple
- Pay a visit to Hiroshima's Peace Memorial & enjoy a matcha tea ceremony
- Meet the local in Nara & explore Miyajima Island



South Korea & Japan Adventure

Multi-Country Culture 18 – 40s 22 Days Seoul – Kyoto 26 Days Seoul – Osaka

South Korea Adventure 10 day meets Japan Adventure 13/17 day. Two cultures, hands-on experiences & constant wow moments.

Highlights

- Wander through Seoul’s palaces and neighbourhoods, shoot a K-Pop music video and experience history with a visit to the DMZ
- Savour Korean BBQ, bibimbap and kimchi, join a hands-on cooking class, spend a night in a Buddhist temple and learn Taekwondo
- In Japan, explore temples, shrines and castles, stay overnight in a temple, encounter the famous snow monkeys and drift across Hakone’s waters for Mount Fuji views
- Train under a Samurai master, take part in a matcha tea ceremony, reflect at Hiroshima’s Peace Memorial Park, stroll among Nara’s deer and see Miyajima Island



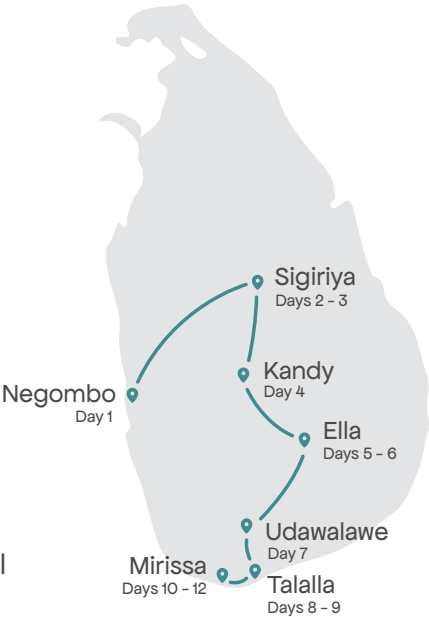
Sri Lanka Experience

Premium Adventure Culture 12 Days Negombo – Mirissa 18 – 40s

From tea hills to ocean breaks. Sri Lanka’s wildlife, culture & coastlines, elevated with premium inclusions.

Highlights

- Breathe in the scent of fresh tea leaves as you explore plantations and learn to pick tea with locals
- Scramble up little Adam’s Peak and snap the Insta famous Nine Arches Bridge
- Spot water buffalo, crocodiles and herds of wild elephants on a sunrise safari
- Learn to surf or kick back and relax at Weligama Beach
- Visit a Buddhist Monastery school and learn their way of life



India Experience

Premium Adventure Culture 13 Days Delhi – Delhi 18 – 40s

India in full colour. Grand palaces, wildlife safaris & unforgettable flavours, all with premium comfort.

Highlights

- Explore ancient forts, temples and palaces
- Experience Rajasthani hospitality with a glamping experience
- Eat your way through India and enjoy a local cooking demonstration
- Spot animals on safari in Ranthambore National Park
- Marvel at one of the most iconic buildings in the world on a guided sunrise tour of the Taj Mahal



India & Sri Lanka Experience

Premium Multi-Country 24 Days Delhi – Mirissa 18 – 40s




India Experience meets Sri Lanka Experience. Two contrasting countries, elevated stays & unforgettable cultural moments.

Highlights

- Discover centuries-old forts, temples and majestic palaces
- Immerse yourself in Rajasthani hospitality with a glamping stay and cooking demonstration
- Seek out tigers, buffalo, crocodiles and elephants during magical sunrise safaris
- See the Taj Mahal at sunrise, wander through tea plantations and try hand-picking tea leaves
- Hike to Adam’s Peak, see the Nine Arches Bridge and surf at Weligama’s golden beach
- Spend time at a local Buddhist monastery school and gain insight into daily life



Philippines Island Explorer

 Adventure  Beach  18 – 40s  13 Days  Manila – El Nido  17 Days  Manila – Manila










Remote islands, turquoise water & boat days that drift by blissfully. This is island hopping at its best.

Highlights

- Canyoneer through the stunning Kawasan Falls
- Experience the famous Sardine Run in Moalboal
- Explore uninhabited islands on a 3 day boat expedition
- Tour the best of the iconic El Nido in a traditional Jeepney
- Snorkel & swim in crystal clear waters whilst spotting starfish
- Take a cruise along Palawan’s underground river



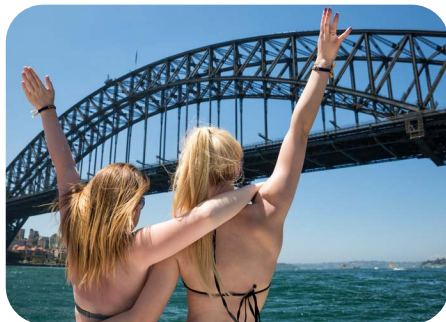
Australia

 Beach  Work & Travel  18 – 45  10 Days  Sydney – Brisbane  20 Days  Brisbane – Cairns  28 Days  Sydney – Cairns

City life, surf breaks, tropical islands, ancient rainforest & epic road trips in between. Add the work add-on to sort the practical stuff while you enjoy the ride.

Highlights

- Discover Sydney’s harbour & beaches
- Learn to surf Aussie style
- Party the night away in Surfers Paradise
- Explore K’gari by 4x4 safari and camp under the stars
- Sail around 74 tropical islands on the Whitsundays
- Spot wild koalas and wallabies
- Discover the beauty of the Atherton Tablelands
- Snorkel and sail the Great Barrier Reef
- Sort all the important stuff for living and working in Oz



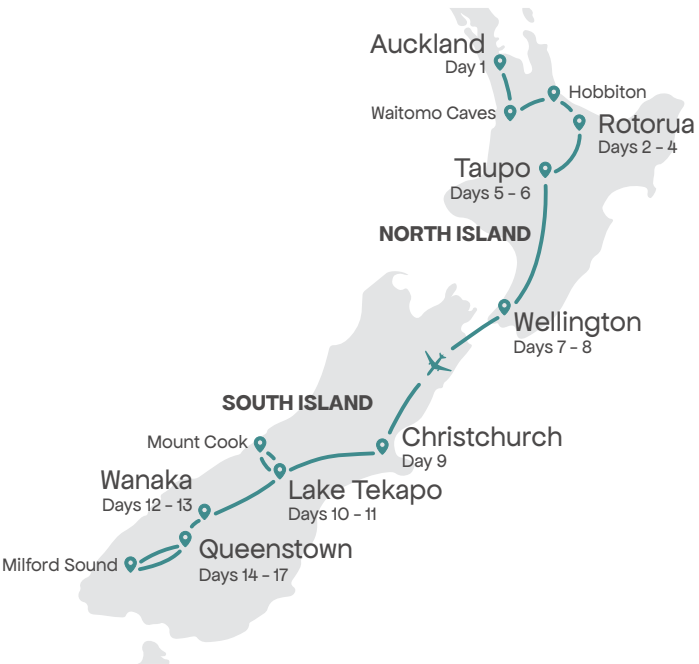
New Zealand

 Adventure  Work & Travel  18 – 45  9 Days North  Auckland – Wellington  9 Days South  Christchurch – Queenstown  17 Days  Auckland – Queenstown


Mountains, lakes, glowworms & Māori culture. Epic landscapes from top to bottom, plus an optional work add-on to help you settle in to living in NZ.

Highlights

- Marvel at the Waitomo glowworm caves
- Explore the real Hobbiton film set
- Experience volcanic landscapes and thundering waterfalls
- Immerse yourself in Māori culture
- Sail across Lake Taupo and soak up the cultural capital of Wellington
- Explore Aoraki/Mount Cook National Park and kayak on Lake Wanaka
- Cruise the Milford Sound and jet boat through canyons
- Sort all the important stuff for living and working in NZ



South Africa Adventure

 Adventure  Culture  12 Days  Johannesburg – Cape Town  18 – 40s

Iconic safaris, bold wildlife & cultural experiences that stay with you. South Africa in one big adventure.

Highlights

- Dive into the history and culture of South Africa in Soweto
- Spot the iconic Big Five on a safari in the Kruger National Park
- Immerse yourself in the life of Southern Africa and Swazi culture
- Embrace the cosmopolitan buzz of Cape Town & stunning views atop Table Mountain
- Get up close and personal with wild seals in their natural environment



Croatia Sail Adventure

Island hopping Beach 10 Days Split - Split 18 - 40s

Island hop the Adriatic by premium boat. Swim stops, historic towns & pure Euro summer energy.

Highlights

- Sail the scenic Croatian coastline on a premium boat
- Explore the World Heritage cities of Split and Dubrovnik
- Dive into the crystal clear waters of the Adriatic
- Get a taste of the high life in ritzy Hvar
- Chase waterfalls in Krka National Park



Costa Rica Adventure

Adventure Beach 13 Days San José - San José 18 - 40s

Rainforests, volcanoes, unique wildlife & stunning beaches. Nature turned all the way up.

Highlights

- Hike through the jungle to reveal views of Costa Rica's best volcanoes
- Rejuvenate in natural volcanic hot springs & chase waterfalls
- Visit a family farm and get involved with a cooking experience
- Come face to face with toucans, monkeys & sloths
- Unwind by the beach on Costa Rica's tropical coastline



Viva Mexico

Adventure Beach 14 Days Mexico City - Playa Del Carmen 18 - 40s

Ancient ruins, delicious bites, mezcal nights, jungle swims & beach time. Mexico brings the colour.

Highlights

- Explore the lively capital of Mexico City
- Tantalise your taste buds at an authentic mezcal distillery
- Visit the Indigenous communities of San Juan Chamula and Zinacantán
- Discover ancient Mayan ruins at Chichén Itzá
- Experience the tropical paradise of Isla Holbox on a boat tour
- Unwind on blissful beaches & swim in the Yucatán Peninsula



Central America Intro

Adventure Culture 18 Days Playa Del Carmen - Antigua 18 - 40s



Mexico, Belize & Guatemala in one bold adventure. Culture, ruins & unforgettable local moments.

Highlights

- Discover ancient Mayan ruins at Chichén Itzá
- Unwind on blissful beaches and swim in the Yucatán Peninsula
- Snorkel Belize's Great Barrier Reef
- Explore the mysterious ruins of Tikal
- Challenge yourself with an overnight volcano hike to witness erupting lava
- Stay overnight in an authentic homestay with a Mayan family
- Drift away in Semuc Champey
- Hike the Mayan Face at sunrise



Central America Adventure

 Adventure  Culture  30 Days  Playa Del Carmen - Antigua  18 - 40s








Mexico, Belize & Guatemala. Volcano hikes, homestays & ancient ruins for travellers who want it all.

Highlights

- Discover the ancient wonders of Chichén Itzá
- Unwind on beaches and dive into cenotes
- Snorkel Belize's Great Barrier Reef
- Explore the ruins of Tikal
- Take on an overnight volcano hike to witness lava
- Stay with a Mayan family in an overnight homestay
- Drift through the pools of Semuc Champey
- Hike the Mayan Face at sunrise
- Rejuvenate in volcanic hot springs
- Unwind on Costa Rica's tropical coastline



Epic Central America

 Adventure  Beach  18 - 40s  28 Days  Mexico City - Antigua  40 Days  Mexico City - San José

Mexico, Belize, Guatemala & Costa Rica. Four countries. One ultimate Central American adventure.

Highlights

- Discover the ancient wonders of Chichén Itzá & unwind on beaches
- Snorkel the pristine waters of Belize's Great Barrier Reef
- Take on an overnight volcano hike to witness lava erupting at night
- Stay with a Mayan family in an overnight homestay
- Drift through the pools of Semuc Champey
- Hike the Mayan Face at sunrise & learn to cook a traditional Mayan feast
- Rejuvenate in volcanic hot springs & chase waterfalls
- Unwind on Costa Rica's coastline



A GROUP TOUR BUT SO MUCH MORE

Since 2005, we've been creating life changing travel experiences for 18-40s. Our travel experiences are designed to help you connect, explore, taste and give back to the world, all whilst making an awesome bunch of new mates along the way. Travelling with INTRO isn't just group travel - it's a way of meeting friends who become family and of seeing the world in a respectful, caring and totally awesome way.



INCLUSIONS, ACTUALLY INCLUDED

Unlike most other tour companies, we don't do local payments. Every single activity we advertise is included in the price, giving you ultimate value for money.



TAKE A PEEK AT UNIQUE

On every INTRO tour you'll find unique experiences which we personally create. These mind blowing moments are a key part of our itineraries and you won't find them anywhere else!



AWESOME CREW & SUPPORT

From our incredible pre-travel crew to our awesome group leaders and local legends, we'll go above and beyond to make your trip unforgettable.



BETTER ACCOMMODATION

Insta worthy and totally FOMO inducing, we pride ourselves on the unique and beautiful accommodation options we offer on all trips.



WE WIN LOTS OF AWARDS

Worldwide Tour of the Year 4 years in a row, Oceania Tour of the Year 5 years in a row, Top Tour Operator and Top Gap Year Provider to name just a few.

#SMALLCHANGE



Protecting the Environment



Supporting Local Communities



Cultural Exchange & Education



Animal Welfare

Making a positive difference to the amazing destinations we travel is at the core of what we do and we are proud to say that every INTRO tour is 100% carbon neutral.

Small Change is our socially conscious initiative aimed at travelling responsibly and changing the world for the better!

