

Preparing for your Tour –



Your flight

PASSPORTS & VISAS

You should note that some countries require your passport to be valid for a specified amount of time beyond your departure date (up to 6 months). Be sure to check the expiration date and physical condition of your passport and verify the travel document requirements with the consulates of the countries you are planning to visit during your tour. It is your responsibility to secure required visa(s) before departure. Your passport may be required at border crossings, on board the ship for customs formalities or when you check-in to hotels. We recommend that you make two sets of photocopies of your airline tickets (including e-tickets) and the first page of your passport. Leave one set at home with a friend or relative; bring the other set with you, keeping it separate from the original documents. Spare passport photos can also be useful. A Turkish Tourist Visa is required for Australian passport holders visiting Istanbul. All passengers travelling on other passports should contact their nearest Turkish embassy.

PRESCRIPTIONS & MEDICAL HISTORY

A copy of your prescriptions could be vital in case of any health problems. Prepare a list of all your medications, including the name, dosage, prescribing doctor and their phone number. If you have special health problems, ask your doctor to prepare your medical history for a foreign doctor. It should include your name, address, emergency contact, blood type, medical history, current medications and dosages (generic names), drug allergies, reasons for prior hospitalisations and a list of immunisations and dates. Pack enough medication sufficient for the duration of the cruise/tour. Your prescription medication should be kept close at hand in your purse or carry-on bag rather than in your checked luggage. It is always a good idea to carry a written list of your medications in case they are lost and remember to leave all medication in its original container. It is also a good idea to bring a copy of your prescription for eyeglasses or contacts.